







**ALLERGY EMERGENCY  
Health Management Plan  
SCHOOL YEAR: \_\_\_\_\_**

<b>STUDENT NAME:</b>	<b>DOB:</b>
<b>SCHOOL:</b>	<b>STUDENT ID:</b>

<b>Parent/Guardian:</b>	<b>Parent/Guardian:</b>
<b>HOME:</b>	<b>HOME:</b>
<b>WORK:</b>	<b>WORK:</b>
<b>CELL:</b>	<b>CELL:</b>
<b>If parents cannot be reached call:</b>	
<b>Name:</b>	<b>Phone:</b>
<b>Physician:</b>	<b>Phone:</b>
<b>Hospital Preference:</b>	

Allergic to: \_\_\_\_\_  
Symptoms: \_\_\_\_\_








**MILD/MINOR SYMPTOMS**

 OR 
  OR 
  OR 
 

Itchy, runny nose, sneezing      Itchy Mouth      Localized rash, a few hives      Nausea, vomits 1 time

**Give Antihistamine:** \_\_\_\_\_ **Dose:** \_\_\_\_\_ (by mouth)  
**Stay with student and observe for worsening symptoms (if more than 1 symptom go to SEVERE)**  
**Notify Parent.**

**SEVERE SYMPTOMS**

Shortness of breath, coughing, wheezing      Pale, bluish, faint, weak pulse, dizzy      Hoarseness, tight throat, difficulty swallowing      Swelling of tongue &/or lips      Several hives &/or redness all over      Vomiting more than once      Impending doom, anxiety

**Give epinephrine injection: (circle) EpiPen Auvi-Q Generic Dose:** \_\_\_\_\_ (inject in the upper, outer thigh)  
**CALL 911 and notify parent\*\*\*\***  
**OTHER (check if applicable):**  Give antihistamine \_\_\_\_\_ Dose \_\_\_\_\_  
 Give inhaler \_\_\_\_\_ Dose \_\_\_\_\_

**OPTION 1 OR 2 NEEDS TO BE COMPLETED AND SIGNED BY A PHYSICIAN IF STUDENT IS TO CARRY AND/OR SELF-ADMINISTER EPINEPHRINE:**

1. I have instructed student in the proper use and dosage of his/her epinephrine auto-injector. It is my professional opinion that this student should be allowed to carry and self-administer \_\_\_\_\_ (medication name and dose).

2. This student should be allowed to carry this epinephrine auto-injector while at school and on school bus. Student is not capable of administration of this medication \_\_\_\_\_ (medication name and dose).

**Physician's Signature** \_\_\_\_\_ **Date:** \_\_\_\_\_

School Clinic: Copy of plan to be provided to Transportation Supervisor

PARENT SIGNATURE / DATE \_\_\_\_\_ COUNTY SCHOOL NURSE SIGNATURE / DATE \_\_\_\_\_

Information about students and family is strictly confidential.