

AP Psychology Summer Reading List
Mrs. Mitchell and Mr. Carter

The following is a list of books that are approved for your outside self-selected psychology reading. I realize that some of these books have been made into movies. If you simply rely on the movie (or an Amazon review) as opposed to actually reading the book you are doing yourself a HUGE disservice.

** Please be aware that a few of the books below do address sensitive material such as child abuse, neglect, drug addiction, and a slew of other sensitive topics. Be sure to read a synopsis of the book prior to purchase/ reading so that you can best find a book that meets your interests. Do not read a book that does not interest you and/or may have material that you may find unpleasant to read.

The book that will be referred to the most frequently in the course is #28.

1. *Ordinary People* by Judith Guest
2. *An Unquiet Mind* by Jamison, Kay Redfield
3. *Revolutionary Road* by Richard Yates
4. *The Liars Club* by Mary Karr
5. *Fight Club* by Chuck Palahniuk
6. *The Sociopath Next Door* by Martha Stout
7. *The Curious Incident of the Dog in the Night* by Mark Haddon.
8. *I Hate You, Don't Leave Me: Understanding the Borderline Personality* by Jerold J. Kriesman
9. *Thinking in Pictures: My Life with Autism* by Temple Grandin
10. *Speak* by Laurie Halse Anderson
11. *Look Me in the Eye: My Life with Asperger's* by John Elder Robison
12. *Toxic Parents: Overcoming Their Hurtful Legacy and Reclaiming Your Life* by Susan Forward
13. *Quiet: The Power of Introverts in a World That Can't Stop Talking* by Susan Cain
14. *A Stolen Life* by Jaycee Dugard
15. *The Lucifer Effect: Understanding How Good People Turn Evil* by Philip G. Zimbardo
16. *The Psychopath Test: A Journey Through the Madness Industry* by Jon Ronson
17. *Battle Hymn of the Tiger Mother* by Amy Chua
18. *The Day the Voices Stopped* by Ken Steele (Schizophrenia)
19. *Moonwalking with Einstein: The Art and Science of Remembering Everything* by Joshua Foer
20. *Without Conscience: The Disturbing World of the Psychopaths Among Us* by Robert D. Hare
21. *As Nature Made Him: The Boy who was Raised as a Girl* by John Colapinto
22. *Drive: The Surprising Truth About What Motivates Us* by Daniel Pink
23. *Identical* by Elen Hopkins.
24. *Educated* by Tara Westover
25. *Girl, Interrupted* by Susanna Kaysen
26. *It's Kind of a Funny Story* by Ned Vizzini
27. *The Man Who Couldn't Stop* by David Adam
- 28. *Opening Skinner's Box* by Lauren Slater. *This one will be most helpful in taking this course!**

****This is an optional reading list. There will be no assignments correlated with any of the selections. However, to better grasp psychology and many of the topics discussed, reading just one of these is in your best interest. Cumulative knowledge will best be represented by reading #28. This text will also help in AP Lang and AP Lit!