

# Packing List for Jekyll Island Field Trip

## Essential Items

- Raincoat or raingear (check weather for rain forecast and if coats are needed)
- Sweater or Sweatshirt
- Combination of long sleeve and short sleeve t-shirts
- Combination of long pants and shorts (at least 1 per day)
- Socks (5-7 pairs)
- Closed-toe shoes (at least 2 pair of sneakers)
- Waterproof footwear or sandals with a heel-strap
- Hat/cap/visor
- Pajamas
- Twin size bedding (or a sleeping bag and a twin fitted sheet)
- Pillow
- Plastic bags for dirty clothes (3 garbage bags)
- Bath and/or beach towels and washcloths
- Toiletries (soap, toothbrush, shampoo, deodorant, etc.)
- Insect repellent (sand gnats can be problematic at times on the island)
- Sunscreen
- Water bottle

## Optional Items

- Money (no more than \$30.00)
- Sunglasses
- Camera

## Please DO NOT Bring

- Candy, gum, or snacks
- Knives
- Expensive personal items

## Please Note:

- Please limit luggage to one suitcase, backpack, or duffel bag, plus one sleeping bag or bedroll. No trunks! Avoid sending unnecessary items.
- Only old clothes are needed. New clothes may be ruined by heavy outdoor use.
- Pack a plastic bag for wet clothes on the return trip.
- No flip-flops are allowed outside of dorm rooms (showering purposes only).
- Students will have a chance to buy a healthy snack two times a day. Snacks will be provided on the bus to and from Jekyll Island. Please do not send any additional food with your child because it will attract unwanted organisms.
- Please label all personal items so lost items can be returned.

## Electronics:

- We do not recommend that students bring electronics. Northbrook staff cannot be held responsible for lost or damaged devices. If students do chose to bring electronics, the only time they may be used is on the bus trip or when they go to bed.
- Some cell phones do not work on the Island due to poor reception with some providers.