



### Spring 2022 Running Club Permission Form



Running club is first come, first serve. The first 50 students to turn in completed forms can join the club as long as they can run one mile without stopping the first day of practice.

We will meet on pre-announced afternoons usually twice a week from 4:30 - 5:30 pm.

Students must wait in their last class until afternoon dismissal completely finishes.

Change clothes on your hallway-restroom before reporting to the cafeteria with water bottle.

Sit in the cafeteria until Mr. Malcom arrives with the daily sign in sheet.

All belongings will remain in the cafeteria until we return together at 5:30 pm.

- 1. For safety reasons, students must run for a majority of the workout. Students who are unable to keep up may be asked to leave the club due to limited supervision for walkers.**
2. Students must notify their parents in advance of their intention to stay for practice so that transportation can be arranged. In accordance with school policy, no student will be allowed to use the phone for the purpose of arranging transportation home.
3. Students must be picked up no later than 5:30 pm. If the student is picked up late more than twice, he/she will no longer be able to participate in the club.
4. All participants must exhibit good sportsmanship and follow the established school rules and procedures as outlined in the GCPS Student/Parent Discipline Handbook. Students who do not follow the school rules and/or the instruction of the coaches and volunteers may be asked to leave the club.

**Contact Information: Tommy.Malcom@gcpsk12.org**  
**Google Workspace For Education Classroom Code: c3slbyl**

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**Running Club Permission Form... Review → Complete → Sign → Return to Front Office → Run**

Homeroom: \_\_\_\_\_ Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_ Cell/Work Number: \_\_\_\_\_

Name of someone to contact in case of emergency if parent or guardian cannot be reached.

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Check the options that your child may use to get home from school.

1. Ride with parent or guardian \_\_\_\_ 2. Walk \_\_\_\_ 3. Ride with a friend \_\_\_\_ 4. Other \_\_\_\_ Explain On Back

I, being the parent or guardian of \_\_\_\_\_, have read and understand the rules of the Hull Middle School Running Club and hereby give my child permission to participate in the program. My child is covered by \_\_\_\_\_ insurance, or if not, I assume the responsibility. In case of an emergency or accident (on the school grounds or) during any school activity involving my child, which in the opinion of the school authorities present requires immediate medical or surgical attention, I hereby grant permission to said authorities to obtain the services of a physician or to transport said child to the hospital if it is deemed necessary by school authorities. I hereby grant my permission, also, to said physicians to treat the said condition unless I am present and request otherwise or until I request otherwise.

**Parent or Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_