



## Gwinnett County Public Schools Guidance and Counseling Competencies K-5

The student competencies below describe by grade level what students need to know and be able to do as a result of participating in a developmental guidance program.

Guidance programs facilitate student development in three broad content areas. These are identified as follows: Academic, Career, and Personal/Social Development. Academic development is comprised of strategies and activities that support and maximize student learning. Career development provides the foundation for acquiring the skills, attitudes, and knowledge that enable students to make successful transitions from schools to post secondary choices. Personal/Social development provides the foundation for personal and social growth that contributes to educational and career success. These competencies are linked to **Gwinnett County's Academic Knowledge and Skills (AKS)**, the State Department of Education's "List of Values and Character Education" (CE) and **Quality Core Curriculum (QCC)** as well as the **American School Counselor Association National Standards (ASCA)**.

### Kindergarten Students will:

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#### Academic Development Knowledge and Skills

1. Learn the importance of using listening skills at all times in school. (KLA\_A2005-2) (CE) (LA.K.1) (M:6)
2. Follow classroom rules and be able to explain what those rules mean. (EMLA\_A2002-2) (KSS\_C1998-9) (CE) (B:SS:9)
3. Follow spoken directions given in school. (EMLA\_A2002-2) (CE) (B:SS:1)
4. Achieve school success by taking responsibility for their actions (self-control). (KPE\_D2002-12) (CE) (H.K.11) (B:SMS:2)

#### Personal/Social Development Knowledge and Skills

5. Express feelings appropriately and recognize the connections between thoughts, feelings, and actions (ex. learning anger management skills) (KHE\_G2002-8) (CE) (H.K.13) (B:SMS:7) (B:SS:4)
6. Develop positive attitudes towards self as a unique and worthy person. (KSS\_C1998-7) (CE) (H.K.10) (M:1,2)
7. Identify and respect similarities and differences of others. (KHE\_G2002-8) (CE) (SS.K.14) (B:SS:2,6)
8. Explore the difference between appropriate and inappropriate touches. (CE) (H.K.24) (M:1)(B:SMS:9)
9. Identify strategies for stopping inappropriate touches. (KHE\_B2002-2) (CE) (H.K.25) (B:SMS:9)(B:SS:3,9)

#### Career Development Knowledge and Skills

10. Learn about various careers and occupations. (KSS\_D1998-14) (CE) (SS.K.8) (M:4)(B:LS:7)

### First Grade Students will:

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#### Academic Development Knowledge and Skills

1. Acquire skills to improve learning (ex: on-task behaviors, positive attitude, perseverance) (EMLA\_A2002-2) (CE) (M:4,5)(B:LS:4)
2. Use listening skills to follow oral and written directions. (1LA\_A2005-4) (1LA\_B2005-17) (CE) (B:SS:1)
3. Accept mistakes as essential to the learning process. (CE) (M:1,3,6)
4. Learn when and how to ask for help with schoolwork. (CE) (B:SS:3)
5. Demonstrate personal responsibility in following rules. (CE) (B:SM:1,2)

#### Personal/Social Development Knowledge and Skills

6. Demonstrate respect for oneself as well as others. (CE) (H.1.12) (M:1,3)(B:SS:4)
7. Learn about ways to handle disagreements without fighting (conflict resolution). (1HE\_G2002-8) (CE) (H.1.8) (B:SMS:1,7)(B:SS:4,5,6)
8. Learn how to make and keep friends. (1HE\_G2002-8) (CE) (H.1.11) (B:SS:2,4,6)
9. Recognize the difference between the feelings associated with appropriate and inappropriate physical contact. (1HE\_B2002-2) (CE) (H.1.25) (B:SMS:9)
10. Identify strategies for stopping inappropriate touches including sexual abuse. (1HE\_B2002-2) (CE) (H.1.26) (B:SMS:9)(B:SS:3,9)

#### Career Development Knowledge and Skills

11. Explore personal likes and dislikes as they relate to various careers and occupations. (EMLA\_A2002-3) (CE)(M:4) (B:LS:7)



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### Second Grade Students will:

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#### Academic Development Knowledge and Skills

1. Demonstrate the ability to work independently and cooperatively with other students. (CE) (B:SMS:3)(B:SS:6,7)
2. Practice effective listening skills in order to follow directions. (2HE\_G2002-8) (CE) (B:SS:1)
3. Follow multi-step directions. (2LA\_A2005-3) (CE) (B:LS:3)(B:SMS:3)
4. Identify attitudes and behaviors that lead to successful learning (i.e. test-taking skills, work habits). (2HE\_G2002-8) (CE) (H.2.12) (M:1,5)(B:LS:3)

#### Personal/Social Knowledge and Skills

5. Learn appropriate decision-making skills. (2SS\_B1998-6) (CE) (H.2.11) (B:LS:9)(B:SS:5)
6. Understand the relationship between behaviors and consequences. (2SS\_B1998-6) (CE) (H.2.11) (M:3)(B:LS:1,9)
7. Learn conflict resolution skills. (2HE\_G2002-8) (CE) (H.2.13) (M:3)(B:LS:9)(B:SMS:7)(B:SS:4)
8. Demonstrate ways to show respect for self, others and property. (2HE\_G.2002-8) (CE) (H.2.10) (M:1,3)(B:3,4,5)
9. Recognize the difference between the feelings associated with appropriate and inappropriate physical contact. (CE) (B:SMS:9)
10. Examine and practice safety skills including preventing/stopping sexual abuse. (2HE\_B2002-2) (CE) (B:SMS:9)(B:SS:3,8)

#### Career Knowledge and Skills

11. Learn connections between education and possible careers and occupations. (EMLB\_A2002-15) (CE) (M:4)(B:LS:7)

### Third Grade Students will:

#### Academic Development Knowledge and Skills

1. Develop skills to work independently. (CE) (PE.3.9) (MS:2,5) (BS:SM:3)
2. Explore effective test-taking strategies and stress management techniques. (3HE\_G2002-8) (CE) (H.3.11) (MS:1) (BS:SM:6,7)
3. Follow both written and spoken directions. (3LA\_A2005-4) (3LA\_B2005-24) (CE) (BS:SS:1)
4. Practice goal setting, time management, and organizational skills. (CE) (BS:LS:3)

#### Personal/Social Knowledge and Skills

5. Apply effective problem-solving skills to make safe and healthy choices. (3HE\_E2002-6) (CE) (H.3.3) (BS:LS:1) (BS:SM:7)
6. Learn appropriate responses to bullying/harassment. (3HE\_E2002-6) (CE) (H.3.3) (H.3.12) (BS:SS:8)
7. Identify sources of positive and negative influences (peers, family, community, media). (3HE\_E2002-6) (CE) (BS:SS:9)
8. Use effective communication skills. (3EMLB\_A2002-3) (CE) (H.3.9) (BS:SS:1)
9. Develop a healthy self-concept by making positive choices. (3HE\_G2009-9) (CE) (H.3.10) (MS:1)
10. Examine and practice safety skills including preventing/stopping sexual abuse. (3HE\_B2002-2) (CE) (H.3.21) (BS:SM:9)

#### Career Knowledge and Skills

11. Understand the differences between various careers and occupations. (EMLB\_A2002-15) (CE) (BS:LS:7) (MS:4)
12. Work cooperatively in small groups to solve problems. (CE) (PE.3.9) (BS:SS:6)



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### Fourth Grade Students will:

#### Academic Development Knowledge and Skills

1. Identify personal strengths and weaknesses to positively influence school performance. (CE) (MS:5)
2. Learn and apply test-taking strategies. (CE) (LA.4.60) (BS:LS:3)
3. Utilize organizational and time management skills to complete school assignments. (CE) (LA.4.60) (BS:LS:3)
4. Learn and apply goal-setting strategies. (CE) (BS:LS:7)

#### Personal/Social Knowledge and Skills

5. Accept responsibility and understand consequences for personal choices. (CE) (H.4.12) (BS:SM:1) (BS:SS:9)
6. Learn effective strategies related to peer pressure. (4HE\_F2002-10) (CE) (H.4.8) (BS:SS:8)
7. Identify strategies to cope effectively with personal and classroom difficulties (conflict resolution skills). (4HE\_F2002-10) (CE) (H.4.10) (BS:SS:2)
8. Recognize and appreciate differences in others (culture, ethnicity, students with disabilities). (4HE\_F2002-11) (CE) (H.4.11) (BS:SS:7)
9. Summarize and practice safety skills including preventing and stopping sexual abuse. (4H\_A2002-1) (CE) (H.4.21) (BS:SM:9)

#### Career Knowledge and Skills

10. Explore how hobbies and personal interests relate to careers. (EMLB\_A2002-15) (CE) (MS:4)
11. Use conflict resolution skills to solve problems effectively. (4HE\_F2002-10) (CE) (H.4.10) (BS:SS:6)
12. Learn how to prioritize time between work and leisure activities. (CE) (BS:SM:8)

### Fifth Grade Students will:

#### Academic Development Knowledge and Skills

1. Apply time management and organizational skills to enhance personal and academic success. (CE) (BS:SM:8)
2. Utilize study skills to help achieve goals and reduce test-taking anxiety. (CE) (LA.5.65) (BS:SM:6)
3. Learn strategies to successfully transition to middle school (5HE\_G2002-11) (CE) (H.5.18) (BS:SM:10)

#### Personal/Social Knowledge and Skills

4. Demonstrate skills needed to cope with challenges in daily life. (5HE\_G2002-11) (CE) (H.5.18) (BS:SM:7)
5. Demonstrate behaviors needed to interact with peers effectively (friendship skills, peer pressure, bullying). (5HE\_E2002-6) (CE) (H.5.5) (BS:SS:2)
6. Demonstrate respect for and acceptance of differences in others (culture, ethnic, students with disabilities). (EMLB\_B2002-18) (EMLC\_B2002-13) (CE) (BS:SS:7)
7. Demonstrate the use of effective communication skills (verbal and nonverbal) in a variety of settings. (5LA\_A2005-1) (CE) (BS:SS:1)
8. Distinguish between appropriate and inappropriate school behaviors. (CE) (BS:SS:5)
9. Identify neglectful, physical and sexually abusive situations and strategies for getting help. (5HE\_B2002-2) (CE) (H.5.27) (H.5.28) (BS:SM:9)

#### Career Knowledge and Skills

10. Identify how hobbies and personal interests influence possible careers and occupations. (5SS\_G1998-36) (CE) (MS:4)
11. Develop skills to locate information about possible careers and occupations. (5SS\_B1998-10) (CE) (MS:4)
12. Understand the relationship between effective work habits (responsibility, punctuality, and effort) and the world of work. (5SS\_G1998-36) (CE) (BS:LS:4) (BS:SM:1)